

# RAMADAN CHECKLIST

	S a t	S u n	M o n	T u e	W e d	T h u	F r i
<b>MORNING</b>							
1. Ate Suhoor and delayed in eating it							
2. I made intention for keeping the fast (in the heart)							
3. I prayed Fajr on time with its Sunnah							
4. I made my morning dhikr							
<b>AFTERNOON</b>							
1. I prayed all prayers on time and all Sunnah rakas							
2. I prayed extra nawafil (voluntary) Salah							
3. I Attempted kushoo (devotion, humility & submission) In my Salaah							
4. I made Tawbah/ repentance (salaatul Tawbah)							
5. I made istighfaar (say Astaghfirullaah 100x)							
6. I read at least 1 pages of Qur'an and act upon it							
7. I read a Ju'z from the Qur'an.							
8. I read the Tafsir of one verse							
9. I read one new Hadeeth and its meaning							
10. I prayed more than 1 fard prayer in a mosque (males)							
11. I gave a form of Charity, (could be something as simple as giving a smile)							
12. I reflected on my Imaan and reviewed goals for improving it							
13. I taught someone something new about Islam (Da'waah)							
14. I obeyed and was affectionate towards my parents							
15. I lowered my gaze, increasing my modesty and Taqwa							
16. I did not lie, argue, swear or backbite (protected my tongue)							
<b>EVENING</b>							
1. I made dua at Iftar (when breaking fast)							
2. I gave extra Iftar to neighbours							
3. I prayed Taraweeh							
4. I prayed the Witr prayer							
5. I read Surah Mulk before going to sleep							
6. I Went to sleep in a state of Wudu							
7. I Went to sleep without ill feelings towards any person							
8. I prayed Tahajjud (2 Rakat will suffice, but if you want to be extra good, do as many as you can)							
<b>FRIDAY ACHIEVEMENTS</b>							
1. I read Surah Kahf							
2. I performed ghusl and Took extra care to groom myself							
3. Attempted to pray Jumah earliest time with the Ja'maah							
4. Made Dua only for Rasulullah (SAW)							
5. Pondered 5-10 minutes about the Jumma khutbah & its message							
6. Make lots of Dua in the last hour before Magrib							